

Is it likely that lower dose IUS e.g. Jaydess will eventually get a licence for HRT for women who are intolerant of progestogens?

No plans at present.

Pain factor with IUS/IUD

As per update today

Irregular bleeding pattern with Implant counselling

1/3 unchanged, 1/3 no/less bleeding, 1/3 irreg or heavy bleeding

Can a DVD presentation before the procedure help with reducing pain and improve patient experience

Yes – all information helps confidence

Are there any updates on the new Ballerine coil that curls into a ball. How effective is it? Does it need extra training to fit it, and if so where is that available and what are the benefits over the traditional cooper coil?

Not at present, trials involve small numbers only.

Is it compulsory to use local anaesthetic for IUD implants in the light of the new guidelines

No

Analgesia -what to offer and where to put it!!!

As per talk today

Pre swab testing -when? Self swab still best?

As per risk assessment of patient and yes self VVS best

What is the recommendation to reduce the pain in fitting IUCs?

As per talk today

IUCD/IUS - any update on the use of local anaesthetic gel/spray for fits. What do you do? Tips on their use and effectiveness? Any other suggestions on alternatives that can be used in a GP setting.

As per talk today

Can you tell me about the licence duration for each IUC method at present and if this is going to change in the near future - Levosert/Kyleena/Mirena?

6yrs, 5yrs, 5 yrs. - no planned changes at present known.

Since pain is subjective, apart from counselling of this beforehand and talking through (vocal local) at the procedure do you think there's anything else that we can offer (apart from different local anaesthesia subjected to availability)?

As per talk today

What's best way to insert Nexplanon?

As per Faculty Guidance which now aligns with Manufactures guidance

What's best for analgesia for coil fitting being aware of attention made from individuals concerning how painful insertion has been for them.

As per talk today

Is Resounding after coil insertion recommended?

Checking the canal is empty using the sound following a fit is considered best practice

What local anaesthetic using for IUCD

As per talk today

Can Mirena and Levosert both be left safely for 6 years in under 40's? And is it now safe to leave both longer in older women?

As per talk today

Any advice for fitting IUDs in nullips? Patients always seem to find this much more difficult to tolerate the fitting procedure.

As per talk today, consider smaller devices.